

## **J01 \_ From Manager to Leader, from Leader to Executive**



**Mentora: Araceli Cabezón**



**Mentora: Sonia Comajuan**

- Are you in a situation (or you foresee to be in it in the near future) of career level transition? From a management to a leadership position? Or from a leadership to an executive position?
  - Are you aware of the new challenges you will be facing in this new level? Are you aware of the new rules of the game? What got you here is not going to make you successful in this new level...
  - Are you already experiencing some concrete difficulties in this new position that you would like to share and discuss?
  - In this mentoring, we will be exploring:
    - Your career motivation
    - Your anchors
    - Your position objectives and your added value
    - The challenges you'll be facing at each stage/ladder of your professional evolution
    - Managing yourself, managing your team, managing your organization, managing your peers, managing your boss
    - The need and tips for time management – flow
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- Resilience
- Leadership: The need for a shared Vision
- The value of trust
- Any particular challenge you may be facing

Applicants must explicitly their current position (individual, contributor, team manager, organization leader, company executive) and career objectives with this mentoring

### **Logística**

Las sesiones de Mentoring se desarrollaran por la tarde

Para participar en este Mentoring hay que tener un objetivo específico de cambio de nivel profesional.

Podrán ser en inglés o español, según se acuerde

### **Mentoras: Araceli Cabezón y Sonia Comajuan**

#### **Bio: Araceli Cabezón**

Araceli work as a consultant in Vesper. As a partner she works with teams who are willing to make changes in their organizations. Previously Araceli lead Corporate Culture Unit in BBVA, and has always developed her professional career in HR positions. Since PWN Madrid foundation she has been involved with the organization, both as a member of Madrid board (VP of Mentoring and development -where she had the chance of designing PWN Madrid Group mentoring program- and VP Corporate Partners) and as a VP of PWN Global.

Araceli is a Sociologist by Universidad Complutense of Madrid, PDD by IESE Business School, Master in Knowledge Management by Euroforum, Executive coach by International Coach Federation and Team coach and PNL Practitioner

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#### **Bio: Sonia Comajuan**

With more than 20 year-experience in the Telecommunications industry and in multinational environments, Sonia Comajuan is a leader who has developed her professional career moving from individual contributor positions as a start, through

diverse team management positions, to organization leadership and executive positions as VP Quality And Customer Satisfaction for Alcatel-Lucent and member of QuEST Forum Executive Board. During her career she has been located in Barcelona, Buenos Aires, Rio de Janeiro and currently Madrid, always working in international and virtual and complex environments.

Telecommunications Engineer by the Universidad Politécnica de Cataluña, Masters degree by Catalanian University (UPC) in Telecommunications Engineering, Sonia is also PMP certified by PMI, GPM Accredited by Alcatel-Lucent and has a PDG by IESE Business School.

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